

**MINUTES OF THE
CRANBURY TOWNSHIP
MUNICIPAL ALLIANCE COMMITTEE ON
DRUG ABUSE AND ALCOHOLISM**

June 20, 2023

TIME AND PLACE OF MEETING

The scheduled meeting of the Cranbury Township Municipal Alliance Committee was held on June 20, 2023 in the Township Committee Meeting Room, in Cranbury Township at 3:30 pm.

STATEMENT OF ADEQUATE NOTICE

Pursuant to the Sunshine Law, adequate notice in accordance with the Open Public Meetings Act (N.J. S. A. 10:4-6) was filed on January 7, 2023, of this meeting's date, time and place, the agenda was posted on the Township bulletin board, sent to any requesting personal notice, and filed with the Municipal Clerk.

CALL TO ORDER

Chairperson, Joann Charwin called the meeting to order at 3:30 pm.

ROLL CALL

Present to the roll call by Secretary Warnebold: Chief Mike Owens, Robyn Skeete, Sasha Weinstein, Ria Benerofe, Alternate 1, Dr. Jen Diszler, Alternate 2, Diane Stanly. Absent were, Andrea Kaplan, Anjali Joshi, Liz Grimaldi and Erin Santise.

MINUTES

Joann asked for Motion to approve April Minutes. Motion by Mike Owens to approve, seconded by Maria Benerofe. All were in favor to approve the April Minutes.

STUDENT REPRESENTATIVES REPORT

No report for June.

Joann reported the 8th grade Student Representatives graduated and asked Members how they felt about offering Amazon gift cards for \$50.00 each to the two graduating classes and if anyone would like to motion to approve the expenditure of \$100.00 total for two \$50.00 Amazon gift cards. Dr. Diszler motion to approve. Motion seconded by Sasha Weinstein. All Members were in favor, responding in Aye.

LIAISON REPORT

None.

- **Goals and Accomplishments – TC Meeting 5/22/23** - Joann shared a report to the Township Committee of all events and activities held during 2022 and goals for 2023 by the Municipal Alliance. They were happy to hear all the activities the Municipal Alliance was involved in and provided to the community.

POLICE REPORT

Chief Owens had nothing new to report for April.

NON-MEMBERS IN ATTENDANCE

None

BUDGET

Nothing to report on budget.

OLD BUSINESS

- **Cranbury School 125th Anniversary** - Joann reported the Municipal Alliance table display went very well. Dr. Diszler wanted to thank the Cranbury Business Association for donating t-shirts. She added that maybe because of the rain, more people stopped by the school. Dr. Diszler reported that the school's alma mater was sung at last evening's graduation ceremony.
- **May 23rd Virtual Speaker, Dr. Omar Abubaker on "What Parents Need to Know About Opioids-Guidance for Conversations" presentation** - Joann reported the program was great but unfortunately, attendance was low at only 18 people. Sasha shared there was an event timing conflict for parents.
- **Senior Survey** – Liz Grimaldi and Joann worked on creating a survey which was approved by Township Committee. Joann will be preparing to send out the survey soon.
- **Health and Wellness Fair 2023 – June 3rd** – Joann reported it was fairly-well attended and went well. She gave Members an overview of exhibitors and activities and she reported the extra tee shirts were donated to the school.

Joann pointed out that a lot of Municipal Alliance Members were helping at the event. Joann then shared costs for the Fair that Municipal Alliance covered;

DJ - \$375.00

Golf Game - \$875.00

Table Rentals - \$860.00

Drumming - \$300.00

Supplies and Giveaways - \$560.00

Tee Shirts - \$3,340.00

Total = \$6,310.45

Joann shared a graph survey with the Board which illustrated the attending public's interest, suggestions for future event activities, how helpful the resource information provided was, what improvements could be made, overall enjoyment, etc. Joann then asked Board for their thoughts on future Health and Wellness Fair activity ideas, how attendance could be improved, possibly looking at other ways to educate community on health and wellness. Sasha suggested having future Health and Wellness Fair in conjunction with another event. Joann pointed out since Covid pandemic, attendance has fallen off and last years was first Fair in two years and attendance was low.

Mike Owens suggested National Night Out as a possible event to combine with a Health and Wellness event since that is usually well-attended. He shared the Police would be interested in partnering up with other in-town organizations.

Dr. Diszler suggested having kids involved in the creating piece of the event – maybe that could tie in with National Night Out.

Joann shared email from Officer Glennon asking about the possibility of combining a health and wellness theme with National Night Out. Joann would like to set up a table for National Night Out, just to see what type of

interest it may generate. Mike shared event will be held in Village Park on August 1st from 5:00 to 8:00 pm. Joann asked for volunteers to help man the table during the event. Ria Benerofe, Sasha Weinstein and Diane Stanley volunteered.

Joann also suggested combining a health and wellness-themed event with Cranbury Day as that always has a large turnout. Joann shared Cranbury Day is Saturday, September 9th from 9:00 am to 4:00 pm. They could also set up a table for that event to see how things work out. Joann asked for volunteers. Sasha Weinstein volunteered to help at the table.

Joann also suggested asking future Student Representatives for their input on upcoming events to obtain additional ideas. Ria shared that through Penn Med they have gone to a few high schools, where Penn Med sets up different stations relating to health and wellness, usually in a gym. Students can visit each station for a few minutes to learn about different topics from drug and alcohol abuse to mental health, CPR, nutrition and other topics as they relate to young people and health. Ria suggested doing a similar program at Cranbury School. Ria suggested providing the event during two class periods. Dr. Diszler recalls similar programs at a previous position at a high school on mental health. She suggested a program could be combined with Field Day for a health and wellness aspect. Dr. Diszler offered to speak to Kathy Elliott for future ideas on bringing something to Cranbury School.

Joann Motioned to set aside a budget of \$2,500.00 for hand out items for following upcoming events: National Night Out, Red Ribbon Week and Halloween. Motion seconded by Mike Owens. Joann then asked for a roll call vote.

Roll Call Vote:

Robyn Skeete – Aye
Sasha Weinstein – Aye
Ria Benerofe – Aye
Dr. Jen Diszler, Alt. 1 – Aye
Diane Stanley, Alt. 2 - Aye

NEW BUSINESS

-Free Virtual Narcan Training – Joann encouraged Members to take the class. Cranbury has an E-Blast Flyer advertising for the community. Training is done by Robert Wood Johnson Medical School, Division of Addiction Psychiatry. It is a very beneficial class.

-Summer Orientation at PHS – Joann shared cost for last years' orientation picnic was \$2,500.00. Sandwiches were provided from Teddy's Restaurant. With prices ever increasing, Joann asked Board their thoughts on creating a budget of \$2,800 for food for this years' Freshman Orientation Picnic. Sasha is working with Princeton PTO in planning this years' picnic which is scheduled for August 30th. Sasha shared Princeton High School has used Mr. Subs for a previous event and food was very good.

Joann Motioned to budget \$2,800.00 for sandwiches for Freshman Orientation Picnic from either Teddy's Restaurant or Mr. Subs. Motion was seconded by Dr. Diszler. Joann asked for a Roll Call vote to approve funding up to \$2,800.00 for food.

Roll Call Vote:

Mike Owens – Aye
Robyn Skeete – Aye
Sasha Weinstein – Aye
Ria Benerofe - Aye
Dr. Jen Diszler, Alt. 1 – Aye
Diane Stanley, Alt. 2 – Aye

In closing, Joann shared she will provide handouts with Teen Helpline information at the picnic.

-Teen Mental Health First Aid – Joann and Sasha are meeting with Ria first week of July, to plan Teen Mental Health First Aid for the sophomore class at Princeton High School through Ria and Penn Medicine.

-Speaker for Students and Parents – Dr. Matt Bellace “A Better High”- Joann suggested having in the Fall. Dr. Diszler asked Joann what grades would be involved. Joann shared program would be for the 6th, 7th and 8th graders. Dr. Diszler advised Joann she will look at fall schedule at the school for possible dates and report which month would work best to have a parent and student presentation. Joann shared Speaker should be paid from budget item “Community Outreach”.

-Additional Fall Programs - Joann asked if anyone wished to share any additional thoughts or ideas on additional Fall programs. No further comments or suggestions were made.

DISCUSSION

No additional discussion.

PUBLIC COMMENT

None.

ADJOURNMENT OF THE MEETING

As there was no additional comments or discussion, Joann asked for Motion to adjourn the meeting. Dr. Diszler made motion to adjourn. Motion was seconded by Maria Benerofe. Meeting was adjourned at 4:10 pm.

CERTIFICATE OF SECRETARY

I, the undersigned, do hereby certify, that I am the duly appointed Secretary of the Cranbury Township Municipal Alliance Committee on Drug Abuse and Alcoholism and that this document, consisting of 4 pages constitutes a true and correct copy of the minutes of the meeting held on June 20, 2023

Kathy Warnebold, Secretary
Approved Minutes September 19, 2023